

# Sea-Bands for Post Operative and Chemotherapy Nausea

- No Drugs, No Side Effects
- Simple to Use
- Clinically Tested
- Re-usable

Despite modern techniques, many patients still suffer nausea and vomiting after an operation under general anaesthetic, especially when other drugs are given for pain relief.

Continuing sickness may mean that patients need to stay in hospital longer than anticipated, especially after day surgery. Sea-Bands can help prevent nausea in such cases, so why not discuss trying them with your doctor?

Similarly, the potent drugs used to treat cancer patients often cause nausea and vomiting. Nurses and doctors encourage the use of Sea-Bands to help patients control their symptoms and - in consequence - their reaction to treatment and recovery.

Sea-Bands use the tried and trusted principle of acupressure to prevent and relieve nausea.

## References

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For further study references please contact Sea-Band Ltd.



The Sea-Band has been indicated for the relief of nausea and in Europe it is registered as a Class 1 Medical Device.

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# Sea-Bands for Travel Sickness

Also for Morning Sickness  
and other forms of Nausea



- No Drugs, No Side Effects
- Simple to Use
- Clinically Tested
- Re-usable

## Travelling the world is now easier than ever, but whatever form of transport you use if you suffer from Travel Sickness it can be a very unpleasant experience.

Early signs of travel sickness include quietness, headaches and lethargy often followed by uncontrollable vomiting. Anti-sickness drugs may cause side effects such as drowsiness and are not suitable for everyone.



Acupressure has been used in Chinese medicine for over 4,000 years. Sea-Bands work by applying continuous pressure by means of a plastic stud on the P6 (Nei-Kuan) acupressure point between the two central tendons near the wrist. This is known to prevent or relieve feelings of nausea.

Sea-Bands are suitable for adults and children. A clinical trial with children aged 2-15 known to suffer from violent travel sickness showed excellent results in 88.7% of cases.

## What Causes Travel Sickness?

The nausea, dizziness and vomiting caused by any form of transport are triggered by a confusion of messages received in the brain. Although you may be sitting motionless in a seat, your senses tell you that you are moving.

The resulting nausea can be experienced by children and adults.



## Travel Sickness Prevention Tips

- In cars or buses sit at the front and on trains always face the direction in which you are travelling.
- Breathe in fresh air if possible, open a window or stay outside on a ship's deck.
- Don't eat a heavy or greasy meal before travelling.
- Keep children occupied, playing games and looking out of the window can help.
- Most importantly wear Sea-Bands when travelling. Try them they really work.

*Available from Chemists*



in a clinical trial morning sickness was reduced in 70% of women who used Sea-Bands

one of the most effective drug-free treatments is Acupressure

## Sea-Bands for Morning Sickness

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Many expectant mothers suffer from morning sickness and most find their symptoms ease around week 14 but for an unlucky few nausea and vomiting may continue throughout the pregnancy.

Most women are wary of drug treatments for morning sickness in case their unborn child is harmed. Scientific studies have proved that one of the most effective drug-free treatments is Acupressure on the P6 (Nei-Kuan) point between the two central tendons near the wrist.

In the UK acupressure was first scientifically proven useful for this condition by the late Professor John Dundee from Queens University Belfast. An Italian study found that morning sickness was reduced in 70% of women who used Sea-Bands.



The plastic stud on Sea-Bands applies continuous pressure on each wrist preventing or relieving the feeling of nausea.